My Friend Journey

Journey Connect

3rd Primary

First Term

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Contents

Parent's guide



Introduction to the Guide

This Parent's Guide: is carefully designed to develop the child's language skills (listening, speaking, reading and writing) through fun activities, songs and simple mini-dialogues. It aims to provide first primary students with the tools they need to develop their knowledge and practise of the English language through understanding of themselves and the environment around them.

هذا الدليل صُمم بعناية ودقة لتنمية مهارات الطفل اللغوية (الاستماع، التحدث، القراءة والكتابة) من خلال أنشطة مرحة وأغانى وحوارات صغيرة مبسطة. يهدف إلى إمداد تلاميذ الصف الأول الابتدائى بالأدوات التى يحتاجونها لتطوير معرفتهم وممارسة اللغة الإنجليزية من خلال فهمهم لأنفسهم والبيئة المحيطة بهم، ليس بديلاً عن الكتاب المدرسى ولكنه مصاحب له.

The aim of the guide

This Parent's Guide: includes values such as: honesty, cooperation, politeness, respect and independence within different activities, photos and songs.

هذا الدليل يحتوى على بعض القيم مثل: الصدق، التعاون، الأدب، الاحترام والاستقلال عن طريق أنشطة وأغانى وصور مختلفة.

This Parent's Guide: developed life skills, such as participation , communication, creativity, critical thinking, problem solving and pair work through different activities and projects.

يهدف إلى تطوير المهارات الحياتية مثل: المشاركة، التواصل، الإبداع، التفكير النقدى، حل المشكلات والعمل الثنائى والجماعى من خلال أنشطة ومشروعات مختلفة.



Philosophy Guide

- Activities on vocabulary, language functions and phonics, including listening, speaking, reading, tracing, matching, coloring and writing tasks.
- أنشطة تشمل على المفردات اللغوية، الوظائف اللغوية، الصوتيات والتى تشمل على: الاستماع، التحدث، القراءة، التتبع، التوصيل، التلوين ومهام الكتابة.
- Activities on different life skills, values and issues, including listening, speaking, reading, acting as instructed and drawing tasks.
- أنشطة فى المهارات الحياتية المختلفة، والقيم والقضايا والتى تشمل: الاستماع، التحدث، القراءة، القيام بمهام فنية وتمثيلية موجهة.
- Activities on other curriculum parts, with a focus on Math, Science Art, and Social Studies, including counting, matching, drawing and collecting pictures tasks.
- أنشطة على أجزاء المناهج الدراسية الأخرى، مع التركيز على الرياضيات، العلوم، الرسم والدراسات الاجتماعية، متضمنة مها العد والتوصيل والرسم وتجميع الصور.

Topics

موضوعات الدليل

- Talking about feelings
- How to keep healthy
- On the weekend
- At home
- At the zoo
- At the circus

- التحدث عن المشاعر
- كيف تحافظ علي صحتك
- في عطلة نهاية الأسبوع
- في المنزل
- في حديقة الحيوان
- في السيرك



Letters Time

Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn Oo

Pp Qq Rr Ss Tt

Uu Vv Ww

Xx Yy Zz



1 2 3 4 5 6 7 8 9

10 11 12 13 14 15

16 17 18 19 20

Let's Remember.



دعنـــا نتذكــر.



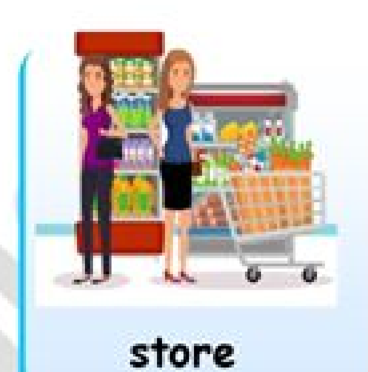


Look and read.


apartment


chair

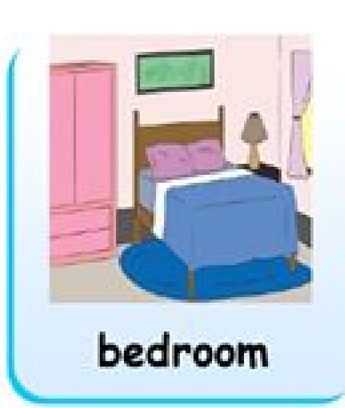

cupboard


store


house


living room


kitchen

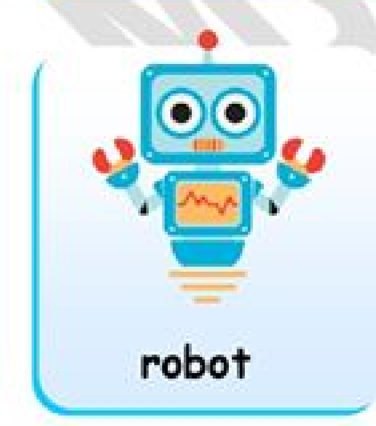

bedroom


bathroom


garden

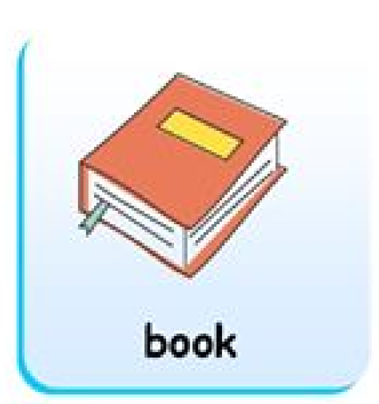

station


supermarket


robot


doll


kite


book


sofa


tree


park


flowers


football


picture


museum

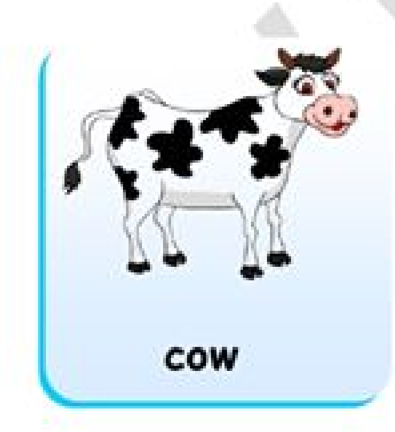

restaurant


river


T-shirt


balloon


horse


cow


donkey


sheep


duck


mouse


computer


keyboard


tablet


camera


plant

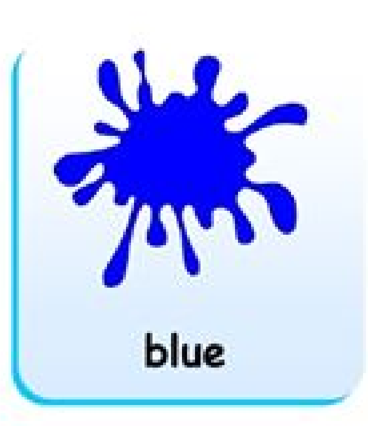

red


gray


pink

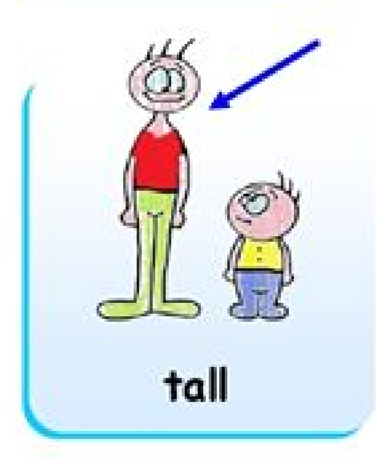

green

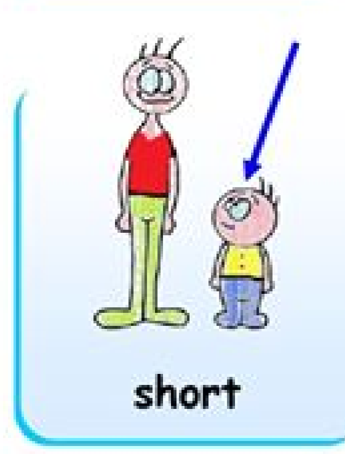

yellow


blue


small


big


tall


short



عند السؤال بـ(هل يوجد) للإسم المفرد نستخدم **Is there a/an ....?**



هل يوجد زهرة؟



عند الرد نقول:

Yes, there is.
No, there isn't.

Yes, there is.
نعم، يوجد.

عند السؤال بـ(هل يوجد) للاسم الجمع نستخدم **Are there any ....?**

Are there any flower?
هل يوجد زهور؟



Yes, there are.
No, there aren't.

Yes, there are.
نعم، يوجد.



1 Underline the correct words in brackets.

1. Is there a (bananas - banana - apples)?
2. (How - When - Which) are you?
3. (Am - Is - Are) there a living room?
4. Are there any apples? Yes, there (is - isn't - are).
5. Is there a (stations - station - parks)?
6. (Am - Is - Are) there any chairs?
7. (No, - Yes, - Not) there is.

2 Read and match.

1. Is there a toy?
2. Are there any trees?
3. What are these?
4. How are you?
5. Where's the supermarket?

a. I'm fine.
b. These are my dolls.
c. It's next to the station.
d. Yes, there is.
e. No, there aren't.

3 Look and write.

1



This is a ....

2



There are six ....



3

It's a gray ....

4

There are some ....

4 Supply the missing letters.

1 T-sh_ _t

2 ri_ _r

3 _i_e

4 hou_ _

5 _ _lloon

6 k_tche_

7 d_c_

8 ro_o_

5 Circle the correct word.

1.	tree	chair	sofa
2.	computer	plane	bus
3.	supermarket	house	school

6 Read and match.

1. Is there
2. Are there
3. No, there

a. aren't.
b. a river?
c. any balloons?

7 Read and complete.

camera - tablet - photos - straight - right - keyboard

1. I take …………….
2. I use my ……………. to find everything.
3. I take photos on my …………….
4. I have a …………….
5. Turn ……………. Into Green Road.
6. Go …………….

8 Rearrange.

1. look - picture - at - the - I.

………………………………………………………

2. a small - There - tree - is

………………………………………………………

3. a gray - is - This - donkey.

………………………………………………………

4. are - toys - my - These.

………………………………………………………

5. There - tree - is - a tall.

………………………………………………………

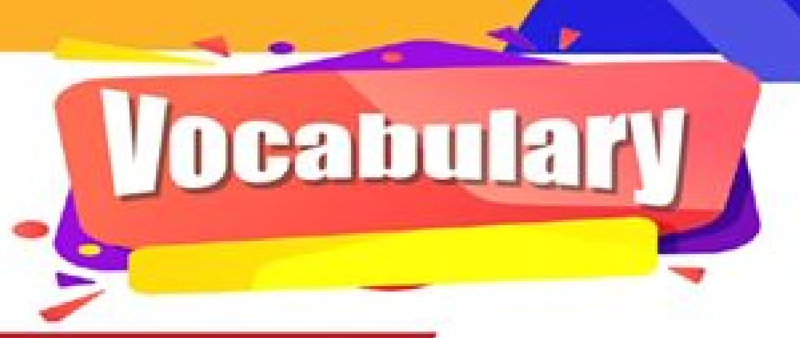


Unit (1)

I feel happy!

أنا أشعر بالسعادة!





1 Look, listen and repeat.



2 Vocabulary & Expressions

feel	يشعر
happy	سعيد
thirsty	عطشان
excited	سعيد - فرحان
hungry	جوعان
angry	غاضب
sad	حزين
tired	متعب
daddy	أبي
sandwich	سندوتش

hot	حار - ساخن
unhappy	غير سعيد
kitchen	مطبخ
living room	غرفة المعيشة
clean	ينظف
kind	طيب القلب
juice	عصير
mommy	أمي
give	يعطي

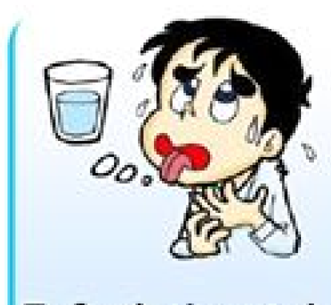
1. Ask your child to look at the pictures and listen to the dialogue, then repeat.
اطلب من طفلك أن ينظر الي الصور ويستمع إلى المحادثة ويكررها.




I feel happy!


I feel excited!


I feel hungry!


I feel thirsty!


I feel angry!


I feel sad!


I feel tired!

language use

عند سؤال شخص عن كيف يشعر نقول: How do you feel?

وتكون الإجابة بـ I feel ……………………

e.g. How do you feel? I feel happy.



How do you feel?





I feel angry.
I can't find my pen.

2 Listen and read.

Hany and Hana are in the kitchen.



Hana: Hi Hany!

Hany: Hi Hana. How do you feel?

Hana: I feel thirsty and hungry,
but we had a great game!

Hany: I can make you a sandwich!

Hana: Thank you. You are very kind!

Hany: Have some juice.

Hana: Thank you.

3 Read and complete.

Hany and Hana are at home in the kitchen. Hana feels ………………… and ………………… . Hany is …………… . He makes a ………………… and he gives Hana some …………………… .

Ask your child to listen to the dialogue and read it.
اطلب من طفلك أن يستمع إلى المحادثة ويقرأها.
Ask your child to read the sentence and complete them.
اطلب من طفلك أن يقرأ الجمل ويكملها.



Activities

on lessons 1,2,3

1 Read and complete.

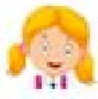
hungry - juice - do you feel - Hi - sandwich - Thank you.


Hello, Hany!

………… Hana! How …………?


I feel …………………


I can make you a ……………


………………… you are very kind!


Have some ……………………………

2 Read and match.

1. They clean the………
2. How do you……………
3. I feel………………………
4. She makes a …………

a. feel?
b. happy.
c. sandwich.
d. kitchen.
e. Yes, there is.

3 Underline the correct words in brackets.

1. I (make - give - feel) happy.
2. (Who - Where - How) do you feel?
3. I make a sandwich. I feel (hungry - thirsty - happy).
4. They clean the (angry - playground - juice).
5. I feel (happy - excited - angry). I can't find my pen.
6. I have some juice. I'm (hungry - thirsty - excited).
7. Mum feels (happy - excited - unhappy) and tired.

1. Ask your child to read the dialogue and complete it.
اطلب من طفلك أن يقرأ المحادثة ويكملها.
2. Ask your child read and match the sentences' halves correctly.
اطلب من طفلك أن يقرأ ويصل أنصاف الجمل بشكل صحيح.

4 Supply the missing letters.



1. h_pp_
2. ex_i_ed
3. _ung_y
4. _ _irsty
5. tir_ _
6. a_g_y
7. ki_ _hen
8. sa_dw_ch

5 Look and write.

1. I feel ……………
2. I feel ………………
3. I feel ……………
4. I feel ………………

6 Reading comprehension. Read and mark (✓) or (×).

Hany and Hana are at home in their living room. They are talking to Mommy. Mommy feels unhappy and tired. Hana and Hany can help her. They can clean the kitchen. Now Mommy is very happy.

1. Hana and Hany are at the park. ( )
2. Mommy feels tired. ( )
3. Hany feels angry. ( )
4. Hana and Hany can clean the kitchen. ( )

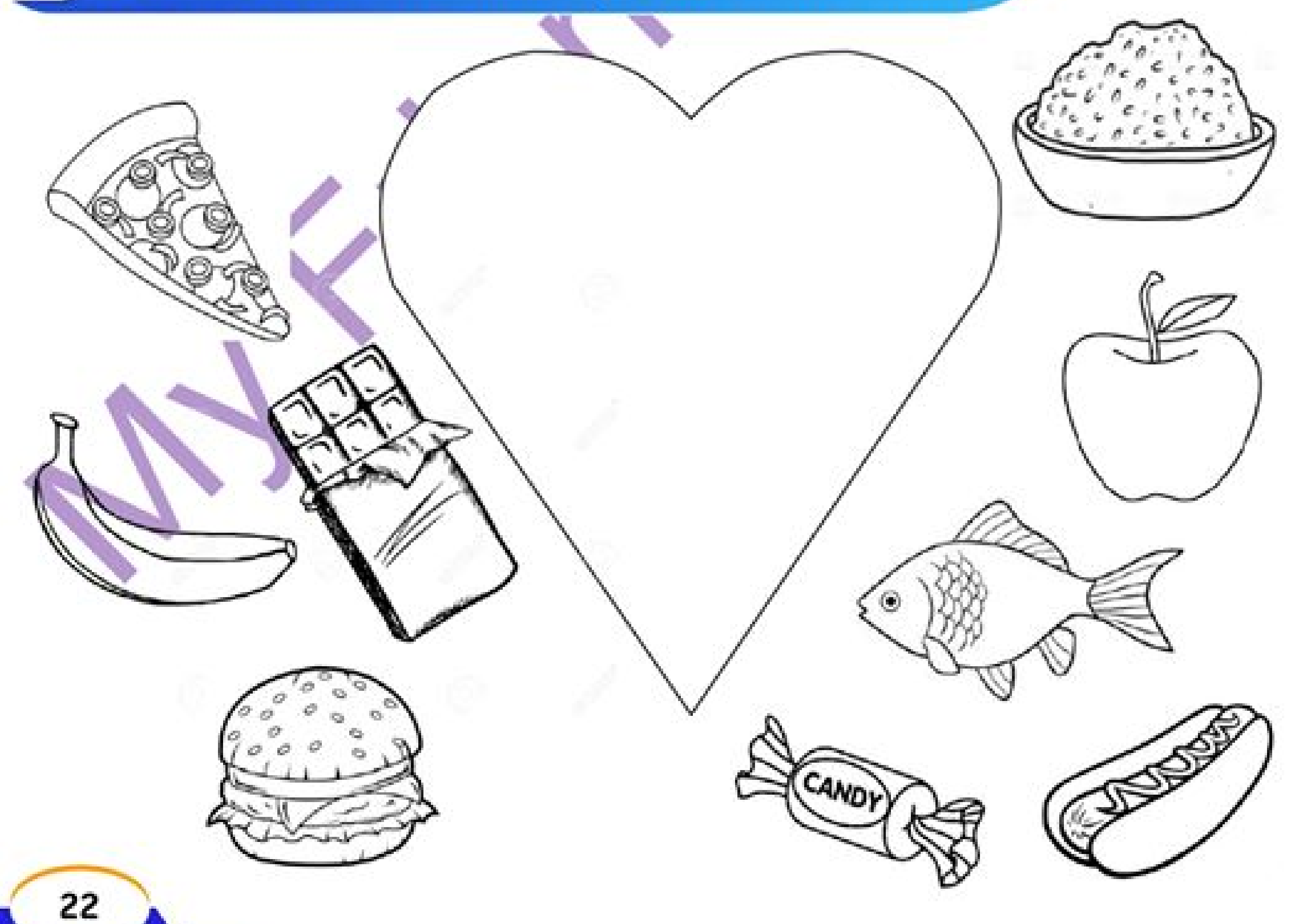


A healthy lifestyle

1 Look and circle the things for a healthy lifestyle.



2 Draw and color the healthy food in the heart.



Issues: Preventative health

1 Read and match.

Drink	go by car.
Sleep	Water.
Go	fruits and vegetables.
Eat	8 hours every night.
Play	outside.
Don't	sports.

2 Tick the things for good health.

Watch television	☐	Play tennis	☐
Eat chocolate cake	☐	Play board games	☐
Sleep for 8 hours	☐	Play football	☐
Eat bananas	☐	Sleep for 4 hours	☐
Drink water	☐	Play video games	☐
Drink cola	☐	Exercise	☐
Walk to school	☐		

3 Read and complete.

I want to be ………………. I drink ……………………. I eat …………… and fruits and ………………. I play ………………….. I sleep for ………………… hours every night.

1. Ask your child to read the words and match them correctly.
اطلب من طفلك أن يقرأ الكلمات ويصلها بشكل صحيح.
2. Ask your child to tick the things for good health.
اطلب من طفلك أن يحدد الاشياء التي تعبر عن الصحة الجيدة.

4 Vocabulary & Expressions

healthy	صحي
lifestyle	أسلوب حياة
food	طعام
drink	يشرب
eat	يأكل
sleep	ينام
play	يلعب
go	يذهب
watch	يشاهد
walk	يمشي
exercise	يتمرن
fruit	فاكهة

vegetables	خضروات
sports	أنشطة رياضية
outside	في الخارج
television	تلفاز
chocolate cake	كيك شيكولاتة
tennis	تنس
board games	ألعاب الطاولة
water	ماء
cola	الكولا
school	مدرسة
video games	ألعاب الفيديو
board games	ألعاب الطاولة

5 Write 4 things you do to keep healthy.

1. ....
2. ....
3. ....
4. ....

6 Healthy or unhealthy? Point and say.





1 Listen, read and say.

ee


feel happy


bee

ea


leaf

clean

2 Vocabulary & Expressions

feel happy	يشعر بالسعادة
leaf	ورقة شجر
bee	نحلة
clean	ينظف
sleep	ينام
meat	لحم
play with	يلعب مع
team	فريق
eat	يأكل
help	يساعد

meet	يقابل
friend	صديق
playground	ملعب
sit	يجلس
body	جسد - جسم
healthy x unhealthy	صحي x غير صحي
hour	ساعة زمنية
good	جيد
tired	مُتعب - مُرهق
food	طعام

3 Look and read.

It's healthy to sleep for 8 hours.



Eat good food to help your body.



A bee sits on a leaf.

4 Put the words in the correct order to make sentences.

1. feels - She - tired.

....

2. eats - food - He - good .

....

3. Marwan - eight - sleeps - hours - for - a day .

....

Tip!

1. We have a capital letters (A,B,C,D etc) on the first word of the sentences.
2. We use capital letters of names of people.
3. We have a full stop (.) at the end of sentences.

3. Ask your child to look at the pictures and read the sentences.
اطلب من طفلك أن ينظر إلي الصور ويقرأ الجمل.
4. Ask your child to put the words in the correct order to make correct sentences.
اطلب من طفلك أن يرتب الكلمات بالشكل الصحيح ليكون جمل.

Math: Measurements

How long is it? كم طوله؟

1 Listen, read and complete.

millimeters مليمترات

centimeters (cm) سنتيمترات (سم)

1. There are 10 millimeters in a ....

2. I am 127.4 cm tall - I am 127 centimeters and four .... tall.



2 Look, read and measure.



This is my hand. My finger is 5.4 centimeters and my thumb is 4.2 centimeters.

This is my hand. My finger is .... centimeters and my thumb is .... centimeters.

1. Ask your child to listen to the sentences and read them, then complete.
اطلب من طفلك أن يستمع إلي الجمل ويقرأها ثم يكملها.

2. Ask your child to look at the picture and read the sentences, then measure.
اطلب من طفلك أن ينظر إلي الصورة ويقرأ الجمل ثم يقيس.

3 Vocabulary & Expressions

hand	يد
finger	إصبع اليد
thumb	إصبع الإبهام
How tall...?	كم طول القامة....؟
centimeters = (cm)	سنتيمتر (سم)

lunchbox	صندوق الغداء
children	أطفال
measure	يقيس
healthy	صحي
millimeters	مليمترات

4 Listen and read. How tall are the children?



Adam Lara Maged Fareeda

Adam, Fareeda, Maged and Lara measure how tall they are.

Maged is 128.4 cm tall.

Adam is 132.4 cm tall.

Lara is 130.1 cm tall.

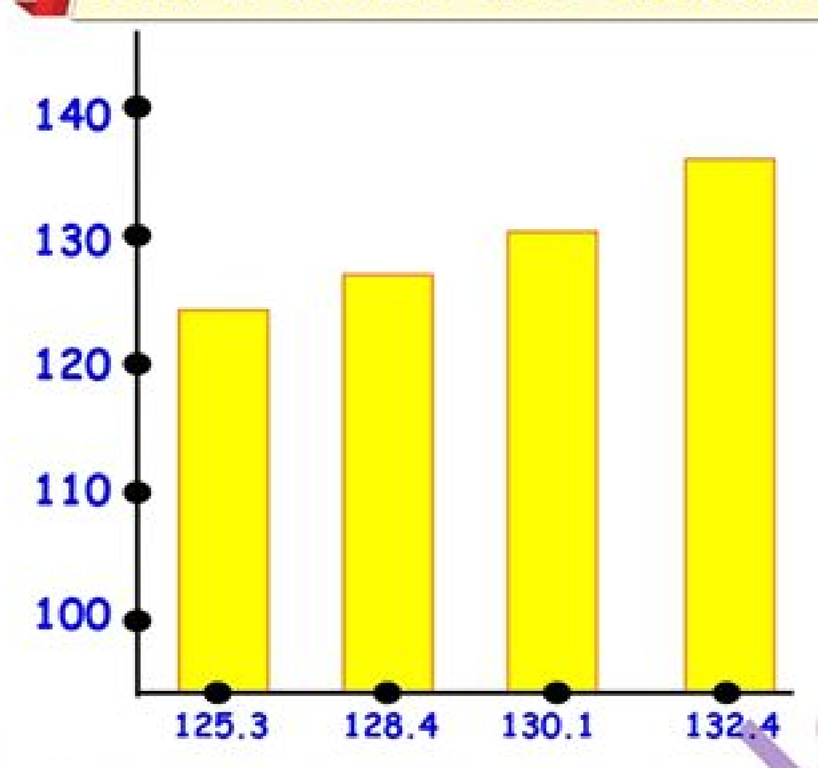
Fareeda is 125.3 cm tall.

Ask your child to listen to the sentences and read them.
اطلب من طفلك أن يستمع إلي الجمل ويقرأها.

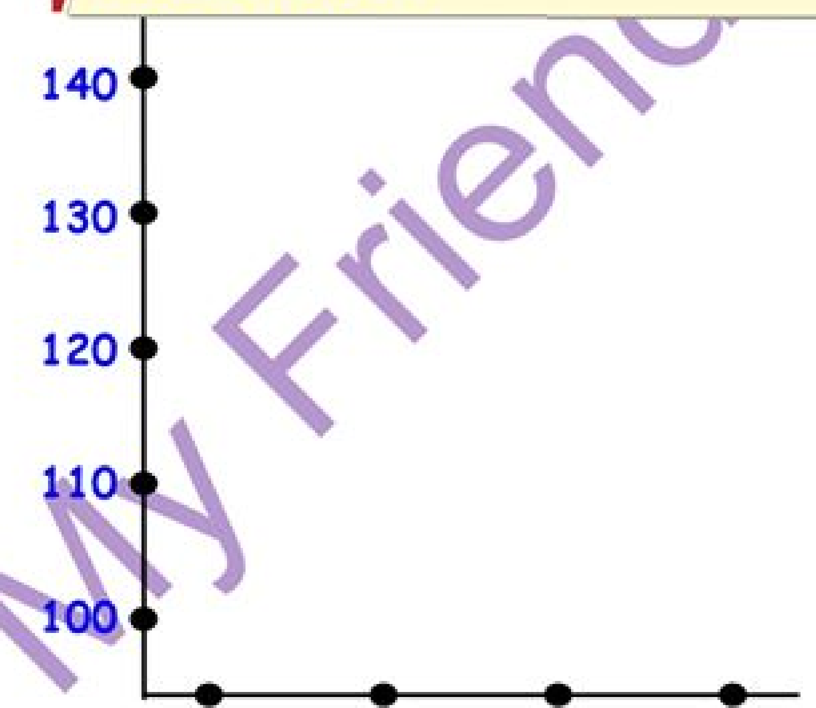




5 Look at the bar chart and write the names.



5 In groups of four, measure your heights and complete the bar chart.



6 Write about tour group's heights.

1. .... 2. ....

3. .... 4. ....



1 Underline the correct words in brackets.

1. I (drink - ride - watch) television.
2. We (play - eat - sleep) tennis.
3. I play (fruit - video - meat) games.
4. I (eat - sleep - walk) to school.
5. They (drink - eat - play) board games.
6. I (sleep - eat - drink) for 8 hours every night.
7. I eat chocolate (water - cake - game).
8. She drinks (sandwich - car - juice).
9. Eat good food to (help - walk - play) your body.
10. I play (on - with - of) my team.

2 Read and complete.

on - have - clean - feel

1. They ………… the playground.
2. I ………… happy.
3. The bee sits ………… the green leaf.

3 Rearrange.

1. go - We - car - by.

……………………………………………………………

2. is - This - hand - my.

……………………………………………………………

3. five - have - fingers - I .

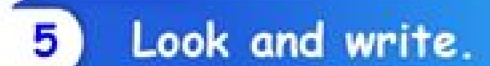
……………………………………………………………

1. Ask your child to read the sentence and choose correct word.
اطلب من طفلك أن يقرأ الجملة ويختار الإجابة الصحيحة.
2. Ask your child to read the sentence and write correct word.
اطلب من طفلك أن يقرأ الجملة ويكتب الإجابة الصحيحة.
3. Ask your child to rearrange words and make correct sentence.
اطلب من طفلك أن يرتب الكلمات ويكون جملة مفيدة.

4 Read and match.

1. There are 10 millimeters
2. It's healthy to sleep
3. She feels
4. Aysel meets

a. happy.
b. my thumb.
c. her friend Retaj.
d. in a centimeter.
e. for 8 hours a day.



5 Look and write.

1



A bee sits on a ....

2



She feels ....

3



They play ....

4



I .... to school.

6 Supply the missing letters.

1



p_a_

2



ri_ _

3



d_ _nk

4



te_ _

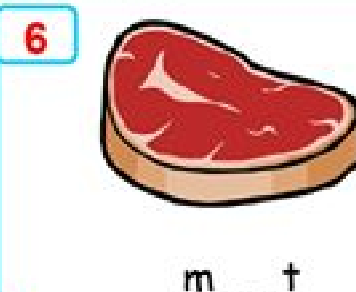
5





sl_e_

6



m_ _t

7 Reading comprehension. Read and mark (✓) or (✗).

I want to be healthy. I drink water and juice. I eat meat, fruit and vegetables. I play football. I sleep for 8 hours every night. I walk to school.

1. I want to be healthy. ( )
2. I drink cola. ( )
3. I sleep for 4 hours. ( )
4. I walk to school. ( )

Play Time

1 Complete the feelings.


I feel ……………


I feel ……………


I feel ……………


I feel …………


I feel …………


I feel …………


I feel …………

2 Write the capital letter and full stops.

1. she feels tired ……………………………………………………
2. aser feels unkind ……………………………………………………
3. they are excited ……………………………………………………
4. the leaf is green ……………………………………………………



1 Underline the correct words in brackets.

1. (Who - How - Which) do you feel?
2. It's hot. I feel (happy - hungry - thirsty).
3. I feel (excited - sad - unhappy). Daddy is coming home.
4. I (eat - sleep - walk) meat.
5. They (drink - clean - play) the kitchen.
6. I feel (angry - happy - excited). I can't find my doll.
7. It's healthy to sleep (4 - 2 - 8) hours a day.
8. Eat good food to (help - walk - play) your body.
9. There are 10 (meters - millimeters - kilos) in a centimeter.
10. I (watch - eat - drink) juice.

2 Read and circle Yes or No.

1. I eat a lot of cake.	Yes / No
2. I sleep for 8 hours.	Yes / No
3. I eat unhealthy food.	Yes / No
4. I play sports.	Yes / No
5. I eat fruit and vegetables.	Yes / No
6. I drink cola.	Yes / No

1. Ask your child to read the sentence and choose correct word.
اطلب من طفلك أن يقرأ الجملة ويختار الإجابة الصحيحة.
2. Ask your child to read the sentence and choose circle yes or no.
اطلب من طفلك أن يقرأ الجملة ويضع دائرة حول نعم أو لا.



3 Rearrange.

1. excited - We - feel.

....

2. a sandwich - She - makes.

....

3. very - You - kind - are.

....

4. playground - clean - the - They .

....

4 Read and match.

1. I feel	a. a sandwich.
2. She helps	b. a leaf.
3. I can make	c. happy today.
4. We play	d. board games.
	e. her Mommy.

5 Reading comprehension. Read and mark (✓) or (×).

I want to be healthy. I drink water and juice. I eat meat, fruit and vegetables. I play football. I sleep for 8 hours every night. I walk to school.

1. I want to be healthy. ( )
2. I drink cola. ( )
3. I sleep for 4 hours. ( )
4. I walk to school. ( )

3. Ask your child to rearrange words and make correct sentence.
اطلب من طفلك أن يرتب الكلمات ويكون جملة مفيدة.
4. Ask your child to read sentence and match with correct answer.
اطلب من طفلك أن يقرأ الجمل ويصلها بإجابتها الصحيحة.
5. Ask your child to read the paragraph and answer the questions.
اطلب من طفلك أن يقرأ الفقرة ويجيب على الأسئلة.



6 Look and write.

1. They play ....
2. She eats ....
3. They watch ....
4. I feel ....

7 Supply the missing letters.

1. a_g_y
2. h_pp_
3. thi_ _ty
4. le_ _
5. cl_a_
6. tenn_ _

6. Ask your child to look at the pictures and write the missing parts.

اطلب من طفلك أن ينظر إلى الصور ويكتب الأجزاء المفقودة.

7. Ask your child to complete the words.

اطلب من طفلك أن يكمل الكلمات.